



Kasper s Voice: Justin s Success as a Teen (Paperback)

By Cynthia F Todd

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm.

Language: English . Brand New Book ***** Print on Demand

*****.Kasper s Voice is a short yet powerful fictional story with a plot line and memorable characters but also includes exercises to help the reader recognize their individual strengths and differences, enhance communication skills, or reduce stress. It also offers general coping skills for overcoming negative thoughts teens may have toward themselves and others. Some teens do not realize that they may be suffering from low self-esteem, are under stress, or that there might be ways to enhance their communication skills. Many parents have great communication skills but lack the technique or knowledge they need to teach them to their teens. Kasper s Voice can help them teach their teen or help the teen teach themselves. A book that is interesting and fun to read on its own as it is written in the first person of a teen, for teens or parents, and is designed to teach the reader valuable life-long lessons simply by reading a story.



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