



## The Depth of Behavior: Searching the Secrets of Habit, Skills, Dreams and the Subconscious (Paperback)

By Zhiyin Shan

Architeg, Inc., United States, 2014. Paperback. Book Condition: New. 246 x 189 mm. Language: Chinese . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Synopsis Some human behaviors result from thinking, while other behaviors occur without thinking. Committing unconscious automatic actions may cause people to feel that they are being compelled by a mysterious power. With the knowledge of neuroscience and this new hypothesis, this book explains the generation of different behaviors in lay language and with illustrations in order to unveil this mysterious phenomenon. Through reading, you will understand how habit is formed; how we can optimize our skills; why we dream; how subconscious is produced. .1999 About the author Zhiyin Shan holds a MD degree from the Zhejiang University School of Medicine. In China, She had fifteen years of experience in medical education and research. As a visiting scholar at the University of California, Irvine in 1999, she conducted research at a diabetes research laboratory. She then worked at the UCI Electron Microscope facility for eight years. During that time, she studied the nervous system through the electron microscope and reviewed numerous papers on neuroscience, which became a solid foundation for forming her hypothesis of synapse automatic transmission and...



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