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CLEAN FOOD RECIPES TO DETOX AND LOSE WEIGHT: OVER 50 RECIPES TO HELP YOU LOSE WEIGHT, FEEL GREAT AND LIVE YOUR BEST LIFE! (PAPERBACK)



Createspace, United States, 2013. Paperback. Book Condition: New. 234 x 154 mm. Language: English . Brand New Book ***** Print on Demand *****.Toxins are found in the food we eat, the water we drink, and the air we breathe. Our digestive system works to help eliminate toxins from the body, but if our digestion is impaired or sluggish, our toxic load can reach a level where we begin to develop symptoms of illness, such as headaches, joint pain and lack...

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- Authored by Shae Harper
- Released at 2013



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